Chapter 28. THE UNDOING OF FEAR I. The Present Memory

T-28.I.1. The miracle does nothing. 2 All **the miracle** does is to undo. 3 And thus **the miracle** cancels out the interference to what has been done. 4 **The miracle** does not add, but merely takes away **past egoic interference or judgment**. 5 And what **the miracle** takes away is long since gone, but **the egoic interference that is long since gone has** being kept in memory **and still** appears to have immediate effects. 6 This **egoic** world **of separation** was over long ago. 7 The thoughts that made **the egoic world of separation** are no longer in the mind that thought of them and loved **the belief of separation** for a little while. 8 The miracle but shows the past is gone, and what has truly gone has no effects. 9 Remembering a cause can but produce illusions of **the cause's** presence, not **the cause's** effects.

Note # 1: Remembering past causes produces no current effect. Our mind can allow the past causes to be relived so that we make the present a duplicate of the past. We can also choose within our mind to re-experience the past effect in our mind. By doing this the mind, not the past-perceived historical "event" causes the apparent renewal of the past effect. The cause is our mind's choice, not the past-perceived event. If we chose to perceive the past event differently, the mind would generate a different current effect.

T-28.I.2. All the effects of guilt are here no more. 2 For guilt is over. 3 In guilt's passing went guilt's consequences, left without a cause. 4 Why would you cling to past guilt in memory if you did not desire guilt's effects? 5 Remembering is as selective as perception; remembering being perception's past tense. 6 Remembering is perception of the past as if the past were occurring now, and as if the past still were there to see. 7 Memory, like perception, is a skill made up by your egoic small "s"self to take the place of what God gave in your creation. 8 And like all the things your ego made to "prove" separation, memory and remembering can be used to serve another purpose. Memory and remembering can be used to heal and not to hurt, if you so wish it be.

<u>Note # 2:</u> Memory, being the past tense of perception, can be modified. Perception follows our mind's purpose. By choosing to follow the thought system of the Holy Spirit, the currently perceived effect of the memory will change. Memory is not fixed, but rather malleable to our current desires.

T-28.I.3. Nothing employed for healing represents an **egoic** effort to do anything at all. 2 **Healing** is a recognition that you have no needs which **would require or** mean that something must be done **by the ego**. 3 **Healing** is an unselective memory, that is not used to interfere with truth. 4 All things the Holy Spirit can employ for healing have been given **the Holy Spirit**, without the content and the purposes for which they have been **egoically** made. 5 **All things or experience given the Holy Spirit** are but skills without an application. 6 **All things** await their use. 7 **All things** have no dedication and no aim. **In healing, all things wait upon the Holy Spirit to give them a different purpose.**

Note # 3: All things that we perceive are neutral. It is our mind that predetermines for what content and purpose the item will bear witness. Our mind's thought system will either support oneness or separation. It cannot support both at the same time.

T-28.I.4. The Holy Spirit can indeed make use of memory, for God Himself is there **in memory**. 2 Yet this is not a memory of past events, but only **a memory** of a present state. 3 You are so long accustomed to believe that memory holds only what is past, that it is hard for you to realize **memory** is a skill that can remember <*now*.> 4 The limitations on remembering the world imposes on **memory** are as vast as those **limitations** you let the world impose on you. 5 There is no link of memory to the past. 6 If you would have **memory be linked to the past**, then there it is. p589 7 But only your desire made the link **to the past**, and only you have held **memory** to a part of time where guilt appears to linger still.

Note # 4: The Christ, the home of the Holy Spirit, knows the truth. The Holy Spirit's memory "recalls" our true present state that is the <now>. In the <now>, we have never left the Mind of God. The Christ and the Holy Spirit's memory is the remembrance of Our Source, God, Itself.

T-28.I.5. The Holy Spirit's use of memory is quite apart from time. 2 **The Holy Spirit does** not seek to use **memory** as a means to keep the past, but rather **the Holy Spirit uses memory** as a way to let **the past** go. 3 Memory holds the message **memory** receives, and **memory** does what **the mind** is given **memory** to do. 4 **Memory** does not write the message, nor appoint what **the message** is for. 5 Like to the body, **memory** is purposeless within itself. 6 And if **memory** seems to serve to cherish ancient hate, and gives you pictures of injustices and hurts that you were saving, this is what you asked **memory's** message be and that **memory message** is. 7 Committed to **memory's** vaults, the history of all the body's past is hidden there. 8 All of the strange associations made to keepthe past alive, the present dead, are stored within **egoic memory**, waiting your command that **past egoic memory** be brought to you, and lived again. 9 And thus do **past egoic memory's** effects appear to be increased by time, which **time** took away their cause.

NOTE # 5: Only our mind's current purpose affects our present perception. In the <now> and throughout time, cause and effect are instantaneous. You cannot have a cause without its effect. If the effect did not happen, we would not claim it was caused by something. In time, we perceive that there is a gap between cause and effect. In reality there is no gap. Since time was over long ago, nothing that we perceive from the past can have any effect on the present. Any apparent effect that a past memory has on our current experience is being called into our awareness by our current thinking. It is our choice to allow the Holy Spirit to reinterpret this past memory so that it aligns with truth. If we still value separation, we will choose to repeat the egoic judgments of the past in what we perceive to be the present.

NOTE: The present is not the same as the <now>. For most people, due to their focus on the past misperceptions, the present is the replaying of the past in present time. When we are being in the now, our mind is experiencing the present moment without past misperceptions and judgments. We are being, feeling or experiencing rather than thinking and judging.

- **T-28.I.6.** Yet time is but another phase of what does nothing. 2 **Time** works hand in hand with all the other attributes with which **your ego** seek to keep concealed the truth about yourself. 3 Time neither takes away nor can **time** restore. 4 And yet you make strange use of **time**, as if the past had caused the present, which is but a consequence in which no change can be made possible because **past** cause has gone. 5 Yet change must have a cause that will endure, or else **change** will not last. 6 No change can be made in the present if **change's** cause is past. 7 Only the past is held in memory as you make use of **the memory**, and so **memory** is a way to hold the past against the now.
- Note # 6: Since memory is the past tense for perception, memory, like perception can change. Both lack knowledge and thus, are based on the unstable thought system of the ego. When our mind changes our purpose or message, our memory will automatically realign with the current purpose. The past, present and future appear to exist in time and space because this is where change seems to be possible within the mind of the splitminded. In the reality of the <now>, there is only the changeless eternal truth. Time is irrelevant in the <now> since there is no change and time is the measurement of change.
- **T-28.I.7.** Remember nothing that **your ego** taught yourself, for you were badly taught **by your ego**. 2 And who would keep a senseless lesson in his mind, when he can learn and can preserve a better one? 3 When ancient **egoic** memories of hate appear, remember that their cause **for this past hatred** is gone. 4 And so you cannot understand **what ancient egoic memories** of hate are for. 5 Let not the cause that you would give **these ancient memories** now be what it was that made them what they were, or seemed to be **in the past**. 6 Be glad that **the past cause** is gone, for this is what you would be pardoned from. 7 And see, instead, the new effects of cause accepted <now,> with consequences <here.> 8 **The new effects of the Holy Spirit's memory of the cause** will surprise you with their loveliness. 9 The ancient new ideas they bring will be the happy consequences of a Cause so ancient that It far exceeds the span of memory which your perception sees.
- Note # 7: The Holy Spirit's memory is the remembrance of God. God is the true cause and there is no true effect that is not the extension of God. The Sonship is the effect of the Creator, which is the First Cause. The Creator is only love and thus, the Sonship can only co-create out of love. Love gives all because it is all. The ego believes it is separate and, therefore, makes out of limitation and fear. The new idea that the memory of the Holy Spirit brings to egoic thinking is the fact that we are sinless, guiltless and share in the One Self that is the Mind of God.
- T-28.I.8. This is the Cause the Holy Spirit has remembered for you, when you would forget the remembrance of God. 2 The Cause, the remembrance of God, is not past because the Holy Spirit let the Cause not be unremembered. 3 The Cause has never changed, because there never was a time in which the Holy Spirit did not keep the Cause, the remembrance of God, safely in your mind. 4 The Cause, the remembrance of God's consequences will indeed seem new, because you thought that you remembered not their Cause. 5 Yet was God never absent from your mind, for it was not your Father's Will that the Creator be unremembered by His Son.

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- Note # 8: God is the cause of all that is real. Love does not limit and God allows all. God's love even allows His Creation, the Sonship, the ability to play with the idea of limitation, separation and fear. Since we are an extension of God, we cannot change our true nature yet, we are allowed to temporarily deny the truth so that we can rediscover our magnificence with the Mind of God. In our rediscovery of truth, we allow our Big "S" Self and thus, the Creator to not only know love but also to "be" love. The remembrance of God is "being" love.
- **T-28.I.9.** What <*you*> remember never was. 2 **What** <*you*> **remember** came from **egoic** causelessness which you confused with cause. p590 3 It, **the remembrance of the illusionary world of separation**, can deserve but laughter, when you learn you have remembered consequences that were causeless and could never be effects. 4 The miracle reminds you of a Cause, **which is God, the Creator**, forever present, perfectly untouched by time and interference. 5 **This Cause** never changed from what **God, the Creator** is. 6 And you, **the Sonship**, are **God's** Effect, as changeless and as perfect as, **God,** Itself. 7 **The memory of God** does not lie in the past, nor waits the future. 8 **The memory of God** is not revealed in miracles. 9 **Miracles** but remind you that **the memory of God** has not gone. 10 When you forgive **God** for your sins, **God, the Cause**, will no longer be denied.
- **Note #9:** It is our belief that we are special and separate from God that allows the ego to suppress the Voice for the remembrance of God. Both the Holy Spirit and the Christ consciousness mind remember that they are one with the Mind of God. The Holy Spirit's purpose is to gently reawaken the Sonship to the truth that we will always remain perfect, whole and complete; just as our Father createdus.
- T-28.I.10. You who have sought to lay a judgment on your own Creator cannot understand it is not God, your Creator, Who laid a judgment on His Son. 2 You would deny God, your Creator, His Effects, yet have the Sonship never been denied. 3 There was no time in which His Son could be condemned for what was causeless and against God's Will. 4 What your egoic remembering would witness to is but the fear of God. 5 God has not done the thing you fear. 6 No more have you done the thing you fear. 7 And so your innocence has not been lost. 8 You need no healing to be healed. 9 In quietness, see in the miracle a lesson in allowing Cause, which is the Father, to have Its Own Effects, the Sonship, and have your ego doing nothing that would interfere with God's Will.
- **Note #10:** We need to quiet our egoic chatter so that we can hear the Voice for God. If we ask the Comforter, the Holy Spirit will guide us home. Since Oneness is our true nature, we do not have to change anything. We need only remember what we are. This remembrance of our spiritual reality can be accomplished by choosing the Holy Spirit's thought system.
- **T-28.I.11.** The miracle comes quietly into the mind that stops an instant and is still. 2 **The miracle** reaches gently from that quiet time, and from the mind it healed in quiet then, to other minds to share its quietness. 3 And **these quiet minds** will join in doing nothing to prevent **the miracle's** radiant extension back into the Mind which caused all minds to be. 4 Born out of sharing, there can be no pause in time to cause the miracle delay in hastening to all unquiet minds, and bringing **these unquieted minds** an instant's stillness, when the memory of God returns to them. 5 Their own **egoic** remembering is quiet now, and what

has come to take **egoic remembering's** place will not be wholly unremembered afterwards.

- Note # 11: Since all minds are joined, the miracle extends to all parts of the Sonship. All parts of the Sonship are uplifted even though the change may not be apparent on the surface. Miracles are never wasted.
- **T-28.I.12. The Holy Spirit** to Whom time is given offers thanks for every quiet instant given Him. 2 For in that instant is God's memory allowed to offer all its treasures to the Son of God, for whom **God's memory and Its treasures** have been kept. 3 How gladly does **the Holy Spirit** offer **God's treasures** unto the one for whom He has been given them! 4 And His Creator shares His thanks, because **God** would not be deprived of His Effects, **the Sonship**. p591 5 The instant's silence that His Son accepts gives welcome to eternity and **God**, and lets **the Sonship** enter where **the Sonship** would abide. 6 For in that instant does the Son of God do nothing that would make himself afraid.
- <u>Note # 12:</u> When we silence our egoic mind, we hear the Voice for God and our Christ consciousness reawakens to the truth of our divine inheritance.
- **T-28.I.13.** How instantly the memory of God arises in the mind that has no fear to keep the memory away! 2 Its own **egoic** remembering has gone. 3 There is no past to keep **the ego's** fearful image **of separation** in the way of glad awakening to present peace. 4 The trumpets of eternity resound throughout the stillness, yet disturb **the stillness** not. 5 And what is now remembered is not fear, but rather is the Cause, **the remembrance of God**, that fear was made to render unremembered and undone. 6 The stillness speaks in gentle sounds of love the Son of God remembers from before his own **egoic** remembering came in between the present and the past, to shut **the remembrance of God** out.
- Note # 13: Our ego's focus on time is on its past. This is why we believe that memories only arise from the past. If the ego can keep us reliving our past, we will never realize that we can use the <now> to choose again. In the <now>, we no longer place any value on the egoic past.
- **T-28.I.14.** Now is the Son of God at last aware of present Cause (**God's extension of Himself as creation**) and Its benign Effects, **the Sonship**. 2 Now does he understand what he has **egoically** made is causeless, having no effects at all **on the Mind of God**. 3 **The egoic little "s" self** has done nothing. 4 And in seeing **that egoic "causes" produce no effects**, he, **God's Son**, understands he never had a need for doing anything **egoically**, and **that he** never did **anything egoically**. 5 His Cause, **the Father**, *is* Its Effects, **the Sonship**. 6 There never was a cause beside **God as Cause** that could generate a different past or future. 7 **God's** Effects, **the Sonship**, are changelessly eternal, beyond fear, and past the world of sin entirely.
- Note # 14: With egoic thinking silenced, we understand that our will and God's Will are the same. We are One and all thoughts of separation have disappeared. Our denial of the truth could never change the truth. God, which is truth, just eternally is.

T-28.I.15. What has been lost, to see the causeless not? 2 And where is sacrifice, when memory of God has come to take the place of loss? 3 What better way to close the little gap between illusions and reality than to allow the memory of God to flow across **the gap between illusion and reality**, making **the memory of God** a bridge an instant will suffice to reach beyond? 4 For God has closed **this gap between illusion and reality** with Himself. 5 **God's** memory has not gone by, and left a stranded Son forever on a shore where he can glimpse another shore that he can never reach. 6 His Father wills that **His Son** be lifted up and gently carried over **this gap**. 7 **God** has built the bridge, and it is **God** Who will transport His Son **over the bridge and** across **this gap**. 8 Have no fear that **God** will fail in what **God** wills. 9 Nor **fear** that you be excluded from the Will that is for you.

Note # 15: God will take the final step and return the Sonship from perception back to knowledge. When we remember God, we will recognize that God's Will and our will are one.

II. Reversing Effect and Cause

T-28.II.1. Without a cause there can be no effects, and yet without effects there is no cause. 2 The cause a cause is <made> by the cause's effects; the Father <is> a Father by His Son. 3 Effects do not create their cause, but effects establish the effect's causation. 4 Thus, the Son gives Fatherhood to his Creator, and the Son receives the gift that he has given His Creator, which is fatherhood. 5 It is <because> he is God's Son that he must also be a father, who creates as God created him. 6 The circle of creation has no end. 7 The circle of creation's starting and the circle of creation, without beginning and without an end

Note # 16: If cause has no effect, it is not a cause. If we do not exist as God created us, God is not a Creator. By definition, ACIM defines the "real" as being changeless. In order for a cause to be real, the cause must produce a real, changeless effect. We, God's effect, must be changeless since we are real. The law of creation states "like begets like". Creation is extension and is total. Since God is love, we too must be everything that love is. We must be like our Cause, perfect, whole and complete.

T-28.II.2. Fatherhood *<is>* creation. 2 Love must be extended. 3 Purity is not confined. p592 4 **Purity** is the nature of the innocent to be forever uncontained, without a barrier or limitation. 5 Thus is purity not of the body. 6 Nor can **purity** be found where limitation is. 7 The body can be healed by **purity's** effects, which are as limitless as is **purity**, itself. 8 Yet must all healing come about because the mind is recognized as not within the body, and **mind's** innocence is quite apart from **the body**, and **the mind is** where all healing is. 9 Where, then, is healing? 10 Only where **healing's** cause is given **healing's** effects. 11 For sickness is a meaningless attempt to give effects to causelessness, and make **sickness** be a cause.

Note # 17: The cause of a sick body is a mind that is not whole. The deluded mind, not the body, is the cause of sickness. The deluded mind is where healing must take place. The body is the effect of a mind that does not know itself to be perfect, whole and complete. The ego, in its attempt to prove that we were not as God created us, claims that we are the body. The ego claims that the body, which is the "effect" of a projection from a deluded

and sick mind, is the cause that affects the mind, which created the original projection of the body in the first place. The ego claims that we are a separate limited ego-body and that this effect, which is the body-projection from our own mind, is somehow self-created. Now the effect, which is the body, somehow has become the cause that rules over its creator, which is the mind. This belief that an effect can change or create its own cause is egoic madness and delusion.

- T-28.II.3. Always in sickness does the Son of God attempt to make himself his cause, and not allow himself to be his Father's Son, which is the Effect of God's Fatherhood. 2 For in this impossible desire of self-creation, he, the egoic Sonship, does not believe that he is Love's Effect, and must be cause because of what he egoically believes he is, which is not perfect, whole and complete. We perceive ourselves tobe unlovable. 3 The cause of healing is the only Cause of everything. 4 The cause of healing has but <one> Effect, which is the return of the Sonship to the truth of His perfection. 5 And in that recognition, causelessness is given no effects and none is seen. 6 A mind within a body and a world of other bodies, each with separate minds, are your egoic "creations of limitation," you the "other" mind of the little "s"self, creating with effects unlike yourself. 7 And as their "father," you must be like them and also be limited.
- Note # 18: Because the law of creation states "like begets like," we, being God's Effect, must be part of the Oneness of Everything, which is God. To create unlike our Father would be to deny our Creator's Fatherhood. This is the root of the authority problem in which the ego claims we are self-created. Because we have free will, we have the power to deny the truth yet, our denial cannot change the truth. We remain as God createdus, an extension of the Mind of God, perfect, whole and complete. Only in our deluded minded could we dream the illusion of separation. The dream, itself, is not real and has no effect on truth. I can dream that I killed Wyatt Earp but this does not make it so. Dreams have no reality outside the dreamer's own mind. Thus, the dream becomes causeless in the real world of the changeless Mind of God.
- **T-28.II.4.** Nothing at all has happened but that you have put yourself to sleep, and dreamed a dream in which you were an alien to yourself, and but a part of someone else's dream. 2 The miracle does not awaken you **from dreaming**, but merely shows you who the dreamer is. 3 **The miracle** teaches you there is a choice of dreams while you are still asleep, depending on the purpose of your dreaming. 4 Do you wish for dreams of healing, or for dreams of death? 5 A dream is like a memory in that **the dream** pictures what you wanted shown to you.
- <u>Note # 19:</u> By allowing the Holy Spirit to teach us that we are the dreamer, we can reclaim our decision-making ability. As the decision-maker, we can decide what dream we wish to perceive within the dream, itself. We can decide for the "happy dream" of the Holy Spirit to replace all egoic misperception.
- **T-28.II.5.** An empty storehouse, with an open door, holds all your shreds of memories and dreams **within the egoic mind**. 2 Yet if you are the dreamer, you perceive this much at least: that you have caused the dream, and can accept another dream as well. 3 But for this change in content of the dream, it must be realized that it is you who dreamed the dreaming that you do not like. 4 **The dream you do not like** is but an effect that <*you*> have caused,

and you, the dreamer, would not continue to be the cause of this unwanted effect. 5 In dreams of murder and attack are you the victim in a dying body slain. p593 6 But in forgiving dreams is no one asked to be the victim and the sufferer. 7 These forgiving dreams are the happy dreams the miracle exchanges for your own dreams of murder and attack. 8 The miracle does not ask you make another dream; the miracle asks only that you see you made the one undesirable dream that you would exchange for this the happy dream.

Note # 20: In order to modify the dream, we need to understand that we are the authors of the dream. When we realize that we are the dreamer and not an innocent victim, we will be empowered to choose again. The miracle occurs when we ask for the guidance of the Holy Spirit. The Holy Spirit can then correct our misperception within the dream itself and transform the dream into a happy, forgiving and healing dream.

T-28.II.6. This world is causeless, as is every dream that anyone has dreamed within the **egoic dream** world **of individual perception**. 2 **In the mad dream of separation**, no plans are possible, and no design exists that could be found and understood. 3 What else could be expected from a thing that has no cause? 4 Yet if **a thing** has no cause, **a thing** has no purpose. 5 You may cause a dream, but never will you give **the dream** real effects **that could change the truth of reality**. 6 For **the dream had real effects** that would change **the dream's** cause, and it is this you cannot do. 7 The dreamer of a dream is not awake, but does not know he sleeps. 8 He **who is not awake** sees illusions of himself as sick or well, depressed or happy, but without a stable cause with guaranteed effects.

Note # 21: The egoic thought system is unstable since its foundation is built on the denial of the truth of our oneness. The false cannot be stable. When we are under the influence of the egoic thought system, we forget that our own mind is the decision-maker. We choose to make ourselves limited. Our denial of the truth becomes the provisional reality that we seem to experience. This denial cannot change our divine birthright. The truth just is. Being caught up within the dream of separation, we are unable to know the truth about ourselves. Only the Holy Spirit is aware of both our dream and the truth. Only the Holy Spirit knows how best to heal our deluded mind.

T-28.II.7. The miracle establishes you dream adream, and that **the dream's** content is not true. 2 This is a crucial step in dealing with illusions. 3 No one is afraid of **an illusion** when he perceives **that** he made up **the illusion**. 4 The fear was held in place because he did not see that he was author of the dream, and not a figure in the dream. 5 **The unaware dreamer** gives himself the consequences that he dreams he gave his brother. 6 And it is but this **denial of his mind's own sourceness that** the dream has put together and has offered him, to show him that his wishes have been done. 7 Thus does he fear his own attack, but sees **his own attack's source as coming from** another's hands. 8 As victim **of his own dream**, he is suffering from its effects, but not their cause. 9 He, **the unaware dreamer**, authored not his own attack, and he is innocent of what he caused. 10 The miracle does nothing but to show him that he has done nothing **that has affected the truth.** 11 What he fears is cause without the consequences that would make **what he fears a** cause. 12 And so **what he fears** never was.

Note # 22: If a cause has no effect, it is not a cause. The denial of truth cannot change the truth and thus, has no effect on the Mind of God. The illusion of separation never had any effect on reality and, therefore, cannot be a sin. The Sonship must remain as It was created, perfect, sinless and guiltless. This is God's Will. The sin or limitation that the dreamer feared never happened. We remain a Oneness of the Mind of God.

T-28.II.8. The separation started with the dream the Father was deprived of His Effects, which is the Sonship, and that the Father was powerless to keep His Effects since the Father was no longer their Creator. 2 In the dream of separation, the dreamer, the Sonship, made himself. 3 But what he made, which is the egoic world of perception, has turned against him, taking on the role of being its own creator instead of allowing the egoic mind of the Sonship to be its father and creator. This is exactly the same thing that the Sonship claimed it did within the dream of separation. The Sonship, as the dreamer, had usurped the role of His Creator, God, the Father. 4 And as he hated his Creator, so the figures in the dream have hated him. 5 His body is their slave, which the dream figures now abuse because the motives he has given the body have they, the dream figures, adopted as their own. 6 And the dream figures hate his body for the vengeance it would offer them. 7 It is **the dream figures'** vengeance on the body which appears to prove the dreamer could not be the maker of the dream. 8 Effect and cause are first split off, and then effect and cause reversed, so that effect becomes a cause; and the cause becomes the effect. p594

Note # 23: In both the authority problem and the egoic world of perception, the ego claims that the effect has somehow self-created itself and now the original effect has the ability to be a cause that can change its own creator. Thus, in the dream of separation, the effect has become cause and cause has become the effect. This is the bedrock of egoic thinking. It has taken the indivisible Oneness and divided the One Self into separate and incomplete parts. A Oneness cannot be divided. The ego cannot change the law of creation which says that like begets like. This is why, when the mind believes that it is limited, what it makes is made in its same imagined image of limitation. Its dream figures act exactly as its dreamer perceives that our little "s" self's nature would behave. The dream figures attack, us, as we believe we have attacked our creator. Our egoic denial of the truth has become our own deluded provisional reality. The dream of separation, time and space become "truth" within the deluded mind of the dreamer. Not realizing that we are the dreamer, we become the victim of our own dream

T-28.II.9. The reversal of cause and effect is the separation's final step, with which salvation, which proceeds to go the other way, begins. 2 This final step is an effect of what has gone before, appearing as a cause. 3 The miracle is the first step in giving back to cause the function of causation, not effect. 4 For this confusion has produced the dream, and while **the confusion between cause and effect** lasts, **this** wakening **to salvation will** be feared. 5 Nor will the call to wakening be heard, because **the call to wakening** seems to be the call to fear.

Note # 24: With the reversal of cause and effect, we have reached the bottom of the ladder in our belief that we are separate from God. We have accepted our role as victim. As long as we remain in victim consciousness, we will never reclaim our ability to choose again. We have completely forgotten that we are the source and that our mind is the decision-

maker. We believe that we are powerless and that the outside world is the cause of all our experiences. We fail to remember that our mind is the source of all the projections that we perceive.

T-28.II.10. Like every lesson that the Holy Spirit requests you learn, the miracle is clear. 2 **The miracles** demonstrates what **the Holy Spirit** would have you learn, and shows you **the miracle's** effects are what you want. 3 In **the Holy Spirit's** forgiving dreams are the effects of **your egoic dreams** undone, and hated enemies perceived as friends with merciful intent. 4 **In the Holy Spirit's forgiving dreams the enemies'** enmity is seen as causeless now, because they did not make it. **You, the dreamer, did.** 5 And you can accept the role of maker of their hate, because you see that it has no effects. 6 Now are you freed from this much of the dream; the world is neutral, and the bodies that still seem to move about as separate things need not be feared. 7 And so they are not sick.

<u>Note # 25:</u> Once we realize that we are the dreamer, we also realize that our dreams can have no affect on reality. Dreams now are seen as neutral and are not feared since we understand that dreams are powerless to change reality.

T-28.II.11. The miracle returns the cause of fear to you who made **fear**. 2 But **the miracles** also shows that **fear**, having no effects, it is not cause, because the function of causation is to have effects. 3 And where effects are gone, there is no cause. 4 Thus is the body healed by miracles because **the miracles** show the mind made sickness, and employed the body to be victim, or effect, of what **the mind** made. 5 Yet half the lesson will not teach the whole **lesson**. 6 The miracle is useless if you learn but that the body can be healed, for this is not the lesson **the miracle** was sent to teach. 7 The lesson **the miracle** was sent to teach is **that** the *mind* was sick that thought the body could be sick; projecting out **the mind's** guilt caused nothing, and had no effects.

Note # 26: The miracle is a change in perception. It is the mind that is healed by the miracle. It is irrelevant if anything happens to the body for the body is not the source of the sickness.

T-28.II.12. This world is full of miracles. 2 **Miracles** stand in shining silence next to every dream of pain and suffering, of sin and guilt. 3 **Miracles** are the dream's alternative, the choice to be the dreamer, rather than deny the active role in making up the dream. 4 **Miracles** are the glad effects of taking back the consequence of sickness to its cause, **which is the egoic mind's belief in limitation**. 5 The body is released because the mind acknowledges "this is not done to me **by something outside of my mind**, but <*I*> am doing this." 6 And thus the mind is free to make another choice instead. 7 Beginning here **by making another choice**, salvation will proceed to change the course of every step in the descent to separation, until all the steps have been retraced, the ladder gone, and all the dreaming of the world undone. p595

<u>Note # 27:</u> It is in reclaiming our decision-making power to choose again that starts our journey back to knowledge. Eventually, we all get tired of victim consciousness and decide there must be another way. By following the Holy Spirit's guidance, we will ascend the ladder of separation. Our decision-maker is beginning to wake up and reclaim our divine birthright and thus, reverse our egoic thinking process.

III. The Agreement to Join

T-28.III.1. What waits in perfect certainty beyond salvation is not our concern. 2 For you have barely started to allow your first, uncertain steps to be directed up the ladder separation led you down. 3 The miracle alone is your concern at present. 4 Here, **as the decision-maker** is where we must begin. 5 And having started, will the way be made serene and simple in the rising up to waking and the ending of the dream. 6 When you accept a miracle, you do not add your dream of fear to one that is already being dreamed. 7 Without support, the **egoic** dream will fade away without effects. 8 For it is your support that strengthens **the egoic dream**.

Note # 28: It is our decision-maker that must ask for the guidance of the Holy Spirit. The Holy Spirit must wait for our request. If It acted without our permission, this would only increase our fear. The Holy Spirit will never do anything that would increase fear.

T-28.III.2. No mind is sick until another mind agrees that they are separate. 2 And thus it is their joint decision to be sick. 3 If you withhold agreement and accept the part you play in making sickness real, the other mind cannot project its guilt without your aid in letting **the other mind** perceive itself as separate and apart from you. 4 Thus **by your withholding your agreement that minds are separate** is the body not perceived as sick by both your minds from separate points of view. 5 Uniting with a brother's mind prevents the cause of sickness and perceived effects. 6 Healing is the effect of minds that join, as sickness comes from minds that separate.

Note # 29: In order for sickness to exist, the unified mind must find two parts that wish to believe they are separate from one another. Without our acceptance that our mind is separated by something that we perceive as outside ourselves, the dream of separation is powerless. There are no victims. Both parties must agree for the thought to manifest. Each part must agree that they are not one unified mind and, therefore, are powerless in their ability to control the fate of the whole. Where two minds are joined in a common belief, that belief has power to manifest within their joint provisional reality. There must be a "mirror" for the thought to "reflect" and thus, return to the original projecting mind.

T-28.III.3. The miracle does nothing just *<because>* the minds are joined, and **mind** cannot separate. 2 Yet in the dreaming **this fact that minds cannot be separate** has been reversed, and separate minds are seen as bodies, which are separated and which cannot join. 3 Do not allow your brother to be sick, for if he is **allowed to be sick** you **have** abandoned him to his own dream by sharing **his dream** with him. 4 **Your brother** has not seen the cause of sickness where it is, **in his own mind**, and you have overlooked the gap **of the belief in separation** between you, where the sickness has been bred. 5 Thus are you joined in sickness, to preserve the little gap **of separation** unhealed, where sickness is kept carefully protected, cherished, and upheld by firm belief, lest God should come to bridge the little gap that leads to **God**. 6 Fight not **God's** coming with illusions, for it is **God's** coming that you want above all things that seem to glisten in the dream.

Note # 30: When we perceive our brother as a separate body-mind, we are accepting the belief that we are separate. The joint belief of our brother's and ourselves is that we are the body that denies the truth of what we are. Together we fail to see that there is only one

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joined mind. Since we have free will, God allows His children to play the childish game of separation. We can play until we finally decide to freely give up our desire for specialness, limitation and separation. God, being love, does not judge, fear or worry about His Child since God knows truth is eternal and reawakening is assured. God knows His creations and the holographic extension of the One Self. Thus, they must be perfect, whole and complete.

- **T-28.III.4.** The end of dreaming is the end of fear, and love was never in the world of dreams. 2 The gap <is> little between dreaming and reality. 3 Yet the gap of separation holds the seeds of pestilence and every form of ill, because the gap of separation is a wish to keep apart and not to join. 4 And thus the gap of separation seems to give a cause to sickness which is not sickness' cause. The gap claims that sickness is caused by something outside our mind. It claims that you are a body, not mind, which is spirit 5 The purpose of the gap, which is to support the belief of separation, is all the cause that sickness has. 6 For the gap was made to keep you separated, in a body which you see as if the body were the cause of pain. p596
- Note # 31: The cause of sickness is our belief in the egoic thought system that supports the idea of separation. The body is the symbol and proof that we are separate. The gap between dreams and reality is small and is the result of the "tiny mad idea" that we could be something other than what we are. This gap is our belief that we are not perfect, whole and complete. It is the belief that we are separate limited ego-bodies. That Oneness has been lost.
- **T-28.III.5.** The cause of pain is separation, not the body, which is only **the belief in separation's** effect. 2 Yet separation is but empty space, enclosing nothing, doing nothing, and as unsubstantial as the empty place between the ripples that a ship has made in passing by. 3 And **this empty space is** covered just as fast, as water rushes in to close the gap, and as the waves in joining cover it. 4 Where is the gap between the waves when **the waves** have joined, and covered up the space which seemed to keep them separate for a little while? 5 Where are the grounds for sickness when the minds have joined to close the little gap between them, where the seeds of sickness seemed to grow?
- Note # 32: All pain, suffering and guilt flow from our belief and desire to be separate; to be something other than the Oneness. Separation is our desire to be special. Yet, our denial of truth cannot change the truth that we are that One Self. Ultimately, illusion must fade away before the light of truth.
- **T-28.III.6.** God builds the bridge, but only in the space left clean and vacant by the miracle. 2 The seeds of sickness and the shame of guilt, **God** cannot bridge, for **God** can not destroy the alien will that **God** created not. 3 Let **the alien will of the egoic thought system's** effects be gone and clutch them not with eager hands, to keep them for **your egoic small "s"self**. 4 The miracle will brush all **egoic illusions of sickness and guilt** aside, and thus make room for **God** Who wills to come and bridge His Son's returning to **God**, Himself.
- Note # 33: The miracle is the replacement of the egoic thought system by the correct perception of the Holy Spirit. The miracle is a change in perception. The miracle does nothing to change the truth. The Holy Spirit is the bridge that we utilize to get from illusion

to heavens gate. God, the Father, will take the final step in returning the Sonship to knowledge.

T-28.III.7. Count, then, the silver miracles and golden dreams of happiness as all the treasures you would keep within the storehouse of the world. 2 The door is open, not to thieves, but to your starving brothers, who mistook for gold the shining of a pebble, and who stored a heap of snow that shone like silver. 3 They, **who mistook illusion for truth**, have nothing left behind the open door. 4 What is the world except a little gap perceived to tear eternity apart, and break **eternity's Oneness** into days and months and years? 5 And what are you who live within the world except a picture of the Son of God in broken pieces, each concealed within a separate and uncertain bit of clay?

<u>Note #34:</u> We have dreamed that an indivisible Oneness can be broken into separate and distinct parts. This is impossible. Our denial of the truth cannot change the fact that the Oneness of everything is all there is. There is nothing outside the shared Mind of God. Our will and God's Will are one and the same.

T-28.III.8. Be not afraid, my child, but let your world be gently lit by miracles. 2 And where the little gap was seen to stand between you and your brother, join **your brother** there **in the gap of the empty space of nothingness**. 3 And so sickness will now be seen without a cause. 4 The dream of healing in forgiveness lies, and gently shows you that you never sinned. 5 The miracle would leave no proof of guilt to bring you witness to what never was. 6 And in your **memory's** storehouse **the dream of healing** will make a place of welcome for your Father and your **Big "S"** Self, **the Christ**. 7 The door is open, that all those may come who would no longer starve, and would enjoy the feast of plenty set before them there. 8 And they, **all brothers that come to the feast of forgiveness**, will meet with your invited Guests the miracle has asked to come to you.

<u>Note # 35:</u> In the miracle, our mind that perceived itself as separate from a brother is joined. All the Sonship benefits from the healing of forgiveness since minds are joined. In truth, the Father, Sonship and Holy Spirit and the Sonship's own creations are all part of the indivisible One Self. There is nothing outside and each part contains the whole.

T-28.III.9. This is a feast unlike indeed to those the dreaming of the world has shown, for in the egoic world everything is based on the egoic belief in limitation. 2 For here in the feast lit by miracles, the more that anyone receives, the more is left for all the rest to share. 3 The Guests, your Father and the Big "S" Self, have brought an unlimited supply of abundance with Them. p597 4 And no one is deprived or can deprive. 5 Here is a feast the Father lays before His Son, and the Father shares the feast equally with His Son. 6 And in the Father and Son's sharing there can be no gap in which abundance falters and grows thin. 7 Here in the Fathers feast can the lean years enter not, for time waits not upon this feast, which has no end. 8 For love has set its table in the space that seemed to keep your Guests, your Father and the Big "S" Self, apart from you.

Note # 36: In this closing of the gap of separation, the laws of chaos fade away before the Laws of God. God's Will is done. The law of creation is extension. In creation, God, which is everything, gives everything. Love is extension and the whole is strengthened. There is no diminishment, for thoughts can be shared. The Oneness is maintained.

IV. The Greater Joining

T-28.IV.1. Accepting the Atonement for yourself means not to give support to someone's dream of sickness and of death. 2 Accepting the Atonement for yourself means that you share not a brother's wish to separate, and let a brother turn illusions on himself. 3 Nor do you wish that a brother's illusions be turned, instead, on you. 4 Thus have a brother's illusions no effects. 5 And you are free of dreams of pain because you let a brother be free of his dreams of pain. 6 Unless you help a brother, you will suffer pain with him because that is your wish. 7 And you become a figure in his dream of pain, as he becomes a figure in your dream of pain. 8 So do you and your brother both become illusions, and without identity. 9 You could be anyone or anything, depending on whose evil dream you share. 10 Your egoic self tells you that you can be sure of just one thing; that you are evil, for you share in dreams of fear with a brother.

Note # 37: For something to appear real to the dreamer, someone else must also share in the belief of separation. When we see our brother as sick, we see him as limited. This bears witness to his dream of separation. We confirm that we believe his dream is real. We become each other's effect and cause for each other's dream. Without this confirmation of each other's dream of separation, there would be no effect. A cause must have an effect or it is not a cause. If either party is not willing to confirm the other's illusion, the illusion will fade away before the light of truth.

T-28.IV.2. There is a way of finding certainty right here and now. 2 Refuse to be a part of fearful dreams whatever form they take, for you will lose identity in **the dream**. 3 You find yourself by not accepting **the fearful dream** as causing you, and giving you effects. 4 You stand apart from **the fearful dream**, but not apart from **a brother** who dreams **the fearful dream**. 5 Thus you separate the dreamer from the dream, and join in one **with your brother's mind**, but let the **fearful dream** go. 6 The dream is but illusion in the mind. 7 And with the mind you would unite, but never with the dream. 8 It is the dream you fear, and not the mind. 9 You see **the dream and the mind** as the same, because you think that <*you* are but a dream. 10 And what is real and what is but illusion in yourself you do not know and cannot tell apart.

<u>Note # 38:</u> In the fearful dream, we fail to realize that we are the dreamer. Not realizing that we are the dreamer, we believe that the dream is cause and we its effect. We believe that we will become a victim and as such, we dream in fear.

When we join with our brother's mind, we let the fearful dream go and healing is possible. We are granting the gift of understanding to our brother who like us is the dreamer and thus, can choose for right-mindedness and lay his fearful dream aside.

T-28.IV.3. Like you, your brother thinks he is a dream. 2 Share not in his illusion of himself, for your **Big "S" Self's** Identity depends on his reality. 3 Think, rather, of him as a mind in which illusions still persist, but as a mind which **your** brother, **his Big "S" Self**, is to you. 4 He is not brother made by what he dreams, nor is his body, "hero" of the dream, your brother. 5 It is his reality, **his Big "S"Self** that is your brother, as is **your Big "S"Self** to him. 6 Your mind and his are joined in brotherhood. 7 His body and his dreams but seem to make a little gap, where **your dreams of separation** have joined with his **dreams of separation**. p598

- <u>Note # 39:</u> We need to recognize our brother as the Christ and not see him as a limited ego-body. By not accepting any illusion of being the body, we can share the truth that our minds are joined and that we are not the body. Thus, we give no effect to our brother's fearful dream. A dream without an effect becomes causeless. Without an effect, the dream fades into the nothingness from which it arose.
- **T-28.IV.4.** And yet, between your minds there is no gap, for minds are joined. 2 To join his dreams is thus to meet him not, because his dreams would separate from you. 3 Therefore you release your dreaming brother, merely by your claim on brotherhood in your Big "S" Selves and not on dreams of fear. 4 Let your dreaming brother acknowledge who he is, by not supporting his illusions by your faith, for if you do support his illusions by your faith, you will have faith in your own illusions. 5 With faith in your own illusions, he will not be released, and you are kept in bondage to his dreams. 6 And dreams of fear will haunt the little gap, inhabited but by illusions which you have supported in your brother's mind.
- <u>Note # 40:</u> The little gap is our joint belief in separation and limitation. This belief results in our identification with and as the body. Believing we are a body, we confirm that we are separate. Only minds, not illusionary body-forms, can join.
- **T-28.IV.5.** Be certain, if you do your part, **your brother** will do his **part**, for **your brother** will join you where you stand. 2 Call not to **your brother** to meet you in the gap **of illusion** between you, or you must believe that **the illusion** is your reality as well as his **reality**. 3 You cannot do **your brother's** part, but this you < do> when you become a passive figure in **your brother's egoic** dreams, instead of dreamer of your own **dream**. 4 Identity in dreams is meaningless because the dreamer and the dream are one. 5 Who shares a dream must be the dream he shares, because by sharing is a cause produced.
- Note # 41: To give is to receive. By sharing the role of a separate being, we confirm each other's dream of separation. We become each other's effect and cause. This acceptance of our not being of joint mind, results in maintaining each other's belief that we are both a separate ego-body in competition in a world based on limitation. We give each other's fearful dream a reality of its own. Both illusions appear to be real because their common purpose is shared.
- **T-28.IV.6.** You share confusion and you are confused, for in the gap of the illusion of separation, no stable self exists. 2 What is the same, our mind, seems different, because what is the same mind appears to be unlike hidden under the illusion of separate bodies. 3 His dreams are your dreams because you let them be your dreams. 4 But if you took your own dreams away would your brother be free of your dreams and of his own dreams as well. 5 Your dreams are witnesses to his dreams, and his dreams attest the truth of your dreams. 6 Yet if you see there is no truth in your dreams, his dreams will go, and he will understand what made the dream.
- **Note # 42:** By not being part of your brother's dream, you can share the truth that we are mind or spirit. You can share the truth that his mind was the source of his dream and that dreams have no effect on the truth. Being the dreamer, your brother need not fear a dream

that has no effect. We share the truth that we are part of the One Mind of God and not a limited ego-body.

T-28.IV.7. The Holy Spirit is in both your minds, and **the Holy Spirit** is One because there is no gap that separates **God's** Oneness from Itself. 2 The gap between your bodies matters not, for what is joined in **God** is always one. 3 No one is sick if someone else accepts his union with him. 4 **Someone's** desire to be a sick and separated mind can not remain without a witness or a cause. 5 And both a witness or a cause are gone if someone wills to be united with **someone who desires to be a separate mind**. 6 **Someone who desires to be a separate mind** has dreams that he was separated from his brother who, by sharing not his dream, has left the space between them vacant **since he did not share his brother's illusion**. 7 And the Father comes to join His Son the Holy Spirit joined.

Note # 43: By not sharing our brother's illusion of separation, the Holy Spirit can enter into the gap and correct any misperception of egoic thought. The Holy Spirit is acting as the bridge that brings all illusions to the light of truth. The Holy Spirit's miracle joins the two minds that believed that they were separate. We join with our brother as one united Sonship. The truth that the Father, the Sonship and the Holy Spirit are joined as One Mind and One Self is recognized.

T-28.IV.8. The Holy Spirit's function is to take the broken picture of the Son of God and put the pieces into place again. 2 This holy picture of the Sonship healed entirely, does the Holy Spirit hold out to every separate piece that thinks it is a picture in itself. 3 To each part that believes it is separate, the Holy Spirit offers this part his true Identity as the Christ, which the whole picture represents, instead of just a little, broken bit that he insisted was himself. p599 4 And when he sees this picture of himself as the whole he will recognize himself, the Christ. 5 If you share not your brother's evil dream, this is the picture that the miracle will place within the little gap, left clean of all the seeds of sickness and of sin. 6 And here the Father will receive His Son, because His Son was gracious to himself and recognized the truth.

Note # 44: The Holy Spirit utilized our dreams of separation to return the fragmented Sonship back to the truth of the One Self. The happy dream of forgiveness joins two minds as one. When we forgive, we drop our illusion that our brother ever did anything to us. An illusion is any belief that something outside of our mind can affect our personal experience. There are no victims. We choose to make our ownprovisional reality. We can deny the truth but we cannot change it. Ultimately, the Oneness of everything is all there is and this truth must be recognized in time.

Your divine birthright is the recognition that you are free to imagine anything you want and that nothing you imagine can ever do anything to another. By the same token, nothing your brother imagines can hurt you. There are no victims. Each party in any experience in time and space is a willing co-participant. Our imagining has no effect upon the reality of the truth that is the holographic Mind of the One Self. There never was, is, or could be anything outside the One Self. We are eternally free from sin and guilt. This divine birthright is God's love for His Creation. Life is this extension of the Mind of God.

T-28.IV.9. I thank You, Father, knowing You will come to close each little gap that lies between the broken pieces of Your holy Son. 2 **God's** Holiness, complete and perfect, lies

in every one of **the broken pieces of the Sonship**. 3 And **the broken pieces of the Sonship** are joined because what is in one is in them all. 4 How holy is the smallest grain of sand, when it is recognized as being part of the completed picture of God's Son! 5 The forms the broken pieces seem to take mean nothing. 6 For the whole is in each one **of the holographic pieces**. 7 And every aspect of the Son of God is just the same as every other part.

Note # 45: Under the Laws of God each part is the whole and the whole is in each part. This is the holographic nature of the Sonship and the holographic nature of creation. Creation is extension. When God creates, He gives everything because He is everything. This is how God extends Herself. God is in all because there only remains a Oneness of everything. It is God's Holiness that made us whole. Holiness is to be whole Our free will gives us the ability to determine what part of the whole we wish to call into our awareness. Knowledge is complete and total. The whole is the truth for knowledge is not partial. Yet, in the world of perception and time, our decision-maker determines what fragmented part of the whole it is willing to call into our current awareness and experience. Perception is based on judgment, valuing and selectivity. Perception attempts to segregate the whole into separate imagined parts and then claim that the part is not perfect, whole and complete. Thus, it perceives lack that engenders fear. The Holy Spirit knows and teaches the equality of the Sonship. Every aspect of the Son of God is just the same as every other part. Once this lesson has been relearned, it will lead to the return of the Sonship to truth and eventually knowledge.

T-28.IV.10. Join not your brother's dreams but join with him as the Christ mind, and where you join His Son the Father is. 2 Who seeks for substitutes when he perceives he has lost nothing? 3 Who would want to have the "benefits" of sickness when he has received the simple happiness of health? 4 What God has given cannot be a loss, and what is not of God has no effects. 5 What, then, would you perceive within the gap of your egoic belief in separation? 6 The seeds of sickness come from the belief that there is joy in separation, and its giving up of the seeds of sickness, which is the belief in separation, would be a sacrifice. 7 But miracles are the result when you do not insist on seeing the seeds of sickness in the illusionary gap that is not there. 8 Your willingness to let illusions go is all the Healer of God's Son, which is the Holy Spirit, requires. 9 The Holy Spirit will place the miracle of healing where the seeds of sickness were. 10 And there will be no loss, but only gain by the Holy Spirit's healing of the Sonship's seeds of sickness.

Note # 46: In the miracle, we meet our brother in Christ-mindedness and we realize that we are one. The belief that we are separate ego-bodies disappears as our minds are joined. The release of the illusion of separation results in no loss since an illusion is only a fantasy. By asking for the Holy Spirit's guidance, we indicate our "little willingness" to give up our desire for specialness. Without this request, we remain trapped in the egoic thought system based on the illusion of limitation. Until we no longer value anything in the egoic world of perception, we will be unwilling to be vigilant only for the remembrance of God. It is impossible to be totally committed sometimes. We cannot withhold some experiences from the guidance of our true Teacher and claim we have accepted the Atonement for ourselves.

V. The Alternate to Dreams of Fear

- **T-28.V.1.** What is a sense of sickness but a sense of limitation? 2 **What is a sense of sickness but** of a splitting *<off>* and separating *<from>*? 3 **Sickness is** a gap that is perceived between you and your brother, and what **is perceived in this gap is** what is now seen as health? 4 And so the good is seen to be outside; the evil, in. 5 And thus is sickness separating off the **egoic** self from good, and keeping evil in. 6 God is the Alternate to dreams of fear. 7 Who shares in **dreams of fear** can never share in **God**. 8 But who withdraws his mind from sharing **dreams of fear** *<is>* sharing **God**. 9 There is no other choice. 10 Except you share **choice**, nothing can exist. 11 And you exist because God shared His Will with you, that His creation, **the Sonship**, might create. p600
- Note # 47: Two minds must share the same idea for each to perceive the idea as being their provisional reality. To be a cause, the cause must have an effect. The choice is between thoughts of love or fear. God creates out of love, which is unlimited extension. The ego makes and projects out of fear, which is based on limitation. When we make, two minds meet in the egoic gap that each perceives as a boundary that separates them as two different body-minds. This gap is the world of perception, the world of time and space. It is here in this world of form that we perceive ourselves as separate ego bodies. We believe that our egoic body can keep both our brother and God out. We believe our safety lies in being a body. Our little "s" self fears the thought of joining with either God or our brother as one. Our egoic thought system warns us that if we were to be joined and become one, our special existence would cease to be.
- **T-28.V.2.** It is the sharing of the evil dreams of hate and malice, bitterness and death, of sin and suffering and pain and loss, that makes **the evil dream seem** real. 2 Unshared, **the evil dreams** are perceived as meaningless. 3 The fear is gone from **the evil dreams** because you did not give **the evil dreams** your support. 4 Where fear has gone there love must come, because there are but these alternatives, **fear or love**. 5 Where one appears, the other disappears. 6 And which **one** you share, **either fear or love**, becomes the only one you have. 7 You have the one that you accept, because **the one you share** is the only one you wish to have.
- **Note # 48:** The Laws of God state that to give is to receive. Whichever emotion, fear or love, we choose to give to our brother, we will receive that same emotion in return.
- **T-28.V.3.** You share no evil dreams if you forgive the dreamer, and perceive that **the dreamer** is not the dream he made. 2 And so he cannot be a part of **your evil dream**, from which you both are free. **Forgiveness transforms the evil dream of separation into a happy dream.** 3 Forgiveness separates the dreamer from the evil dream, and thus releases **the dreamer from the evil dream**. 4 Remember if you share an evil dream, you will believe you are the dream you share. 5 And fearing **the evil dream you share**, **your egoic** you will not want to know your own Identity, because you think that It, **your Big "S" Self**, is fearful. 6 And you will deny your Self, **the Christ**, and walk upon an alien ground which your Creator did not make, and where you seem to be a something you are not. 7 You will make war upon your **Big "S"** Self, which seems to be your enemy; and will attack your brother, as a part of what you hate. 8 There is no compromise. 9 You are your **Big "S"** Self or an illusion, **which claims you are the limited little "s" self**. 10 What can be between illusion and the truth? 11 A middle ground, where you can be a thing that is not you, must be a dream and cannot be the truth.

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Note # 49: This middle ground is what we perceive to be the gap of egoic perception. In this gap, our ego perceives an imaginary world that it claims to be real. God did not create this illusionary world of egoic separation. There is no middle ground between truth and illusion. Yet, within our split mind, the Sonship has dreamed or perceived a world of time and space. It is in this gap that we project our desire for specialness and separation. This imaginary gap is a dream world in which form hides content and the denial of truth appears to be real. Identifying with the dream itself, we believe that we are a body. We take the dream seriously. It becomes our provisional reality. The dreamer "becomes" trapped within the dream and becomes an integral player within the dream. Egoic specialness grants our desire of individuality. The body is the ego's means to "prove" that we are a separate individual.

T-28.V.4. You have conceived a little gap between illusions and the truth to be the place where all your safety lies, and where your **Big** "S" Self is safely hidden by what you have made, **which is the world of egoic perception**. 2 Here is a world established that is sick, and this **sickness in** the world the body's eyes perceive. 3 Here are the sounds **the body** hears; the voices that **the body's** ears were made to hear. 4 Yet sights and sounds the body can perceive are meaningless. 5 **The body** cannot see nor hear. 6 **The body** does not know what seeing <*is*>; what listening is <*for*.> 7 **The body** is as little able to perceive as **the body** can judge or understand or know. 8 **The body's** eyes are blind; **the body's** ears are deaf. 9 **The body** can not think, and so **the body** cannot have effects.

Note # 50: The body is a neutral communication device. The body is the servant of the mind. It is only the projected thoughts of the mind that the body bears witness to. The mind, not the body, is the cause. As a communication device, the body communicates in two ways. The first, tells us what our thoughts are focused upon. The body is the mind's servant and does exactly what the mind imagines the body to do. The body communicates to you every moment what you are thinking. What the body sees, does and feels reflect our mind's current state of thinking. If the mind imagines a sick body, the body will be sick. The second area of communication is between you and your brothers. There are no private thoughts. What you think is instantly communicated to your brother so that each knows what the other is thinking. This intercommunication is not at the egoic level of consciousness. Instead, it is part the shared, joint mind of the dreamers.

T-28.V.5. What is there God created to be sick? 2 And what that God created not can be? 3 Let not your eyes behold a dream; your ears bear witness to illusion. 4 The body and its physical senses were made to look upon a world that is not there; to hear the voices that can make no sound. 5 Yet are there other sounds and other sights that <can> be seen and heard and understood. 6 For eyes and ears are senses without sense. The body's physical senses are not mind. And what the body's physical senses see and hear they but report back to the mind that projected them. p601 7 It is not the body's physical senses that hear and see, but your egoic mind, who put together every jagged piece, each senseless scrap and shred of evidence, and make a witness to the world you want. 8 Let not the body's ears and eyes perceive these countless fragments seen within the gap that you imagined, and let not the body's physical senses persuade their maker his imaginings are real.

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Note # 51: When the dreamer shares the dream through projection, the dreamer forgets he is the dreamer. By sharing and identifying with the dream, we become the dream. We now perceive ourselves to be a body within the dream of separation. The dreamed-up body then becomes the main instrument that the egoic mind utilizes to "prove" that the perceived dream is real. Only the Holy Spirit is outside the dream and thus, can recognize the mind's projection as a false witness for the illusion of separation. If we ask for the Comforter's help, our egoic misperception will be corrected.

T-28.V.6. Creation proves reality because **creation** shares the function all creation shares. **Creation's function is the extension of love.** 2 **Reality** is not made of little bits of glass, a piece of wood, a thread or two, perhaps, all put together to attest **to reality's** truth. 3 Reality does not depend on this. 4 There is no gap that separates the truth from dreams and from illusions. 5 Truth has left no room for dreams and illusions in any place or time. 6 For **truth** fills every place and every time, and makes **every place and every time** wholly indivisible.

Note # 52: Reality is truth. Both the happy and the fearful dream are not reality. Dreams and illusions being unreal disappear when brought before the light of truth. There is only truth. In eternity, the false does not exist and is not a real choice.

T-28.V.7. You who believe there is a little gap of separation between you and your brother, do not see that it is here in this illusionary gap that you are as prisoners in a world perceived to be existing here in this gap. 2 The world you see does not exist, because the place where you perceive the world that our physical eyes see is within this illusionary gap and, therefore, is not real. 3 The gap is carefully concealed in fog, and misty pictures rise to cover the illusionary gap with vague uncertain forms and changing shapes, forever unsubstantial and unsure. 4 Yet in the gap is nothing. 5 And there are no awesome secrets and no darkened tombs where terror rises from the bones of death. 6 Look at the little gap, and you behold the innocence and emptiness of sin that you will see within yourself, when you have lost the fear of recognizing love.

Note # 53: This gap, which comprises the world of perception, was made as a cover up for the egoic kissing cousins of sin, guilt and fear. It is our egoic misperception of what love is that results in our fear of God. Ultimately, this dream world was made to be a place where God's could not enter. Because the ego believes that love is conditional, love must be earned. The ego fears the vengeance that an egoic god would extract for any sin we committed against it. When we reject the egoic belief that God's Son has sinned, we realize that we are guiltless and our fear subsides. Unless we learn to control our fear, we will refuse to ask for the Holy Spirit's guidance. The Holy Spirit knows the truth of what God's love is. God's Will is that His Creation be happy. Because God and His Creations are One, we remain prefect, whole and complete. There is nothing to fear in the One Self that is the Mind of God.

VI. The Secret Vows

T-28.VI.1. Who punishes the body is insane. 2 For here the little gap is seen, and yet **the body** is not here. 3 **The body** has not judged itself, nor made itself to be what **the body** is not. 4 **The body** does not seek to make of pain a joy and look for lasting pleasure in the dust. 5 **The body** does not tell you what its purpose is and cannot understand what **the**

body is for. 6 **The body** does not victimize, because **the body** has no will, no preferences and no doubts. 7 **The body** does not wonder what it is. 8 And so **the body** has no need to be competitive. 9 **The body** can be victimized, but cannot feel itself as victim. 10 **The body** accepts no role, but does what **the body** is told **by the mind**, without attack.

Note # 54: Our body is merely a neutral communication device that obeys the wishes of our mind. All the power that our body seems to have was bestowed upon it from our mind. From our mind's wish to be special and separate, we projected the illusionary body that we now perceive as real. Our body communicates to us what our current thinking is. In the dream of separation, the body communicates to you what you have thought or imagined in the dream. What the body sees, does and feels tell you what you have thought. The body is the servant of the mind and does what the mind desires and imagines.

T-28.VI.2. It is indeed a senseless point of view to hold responsible for sight a thing that cannot see, and blame **the body** for the sounds you do not like, although **the body** cannot hear. 2 **The body** suffers not the punishment you give because **the body** has no feeling. 3 **The body** behaves in ways you wart, but **the body** never makes the choice. p602 4 **The body** is not born and does not die. 5 **The body** can but follow aimlessly the path on which **the body** has been set **by the mind**. 6 And if that path is changed, **the body** walks as easily another way. 7 **The body** takes no sides and judges not the road **the body** travels. 8 **The body** perceives no gap, because **the body** does not hate. 9 **The body** can be used for hate, but **the body** cannot be hateful made thereby.

Note # 55: The body is the order taker or servant of the mind. All control and power resides in our mind and the body simply obeys its master.

T-28.VI.3. The thing you hate and fear and loathe and want, the body does not know. 2 You send the body forth to seek for separation and be separate. 3 And then you hate the body, not for what the body is, but for the uses you have made of the body, which is to be a witness for your separation from the Oneness. 4 You shrink from what the body sees and what the body hears, and hate the body's frailty and littleness. 5 And you despise the body's acts, but not your own egoic mind's thoughts. 6 The body sees and acts for <your mind.> 7 The body hears your voice. 8 And the body is frail and little by your egoic mind's wish. 9 The body seems to punish you, and thus, the body seems to deserve your hatred for the limitations that the body brings to you. 10 Yet you have made of the body a symbol for the limitations that you want your mind to have and see and keep.

Note # 56: The body is a projection of our mind's wish to be special and separate. God created us as an extension of the Oneness, perfect, whole and complete. Given this reality, the only way that we could perceive ourselves to be special is to believe that we were limited. Thus, the body is the symbol that was made to bear false witness to our belief that we are not perfect, not whole and very incomplete. During the miracle, the purpose of the body is changed from one of separation to one that restores the joining of minds that once perceived themselves to be split and separated ego-bodies.

T-28.VI.4. The body represents the gap between the little bit of mind you call your own **egoic little "s" self** and all the rest of what is really yours, **which is the everything of the Christ consciousness, the One Self.** 2 You hate **the body**, yet you think **the body** is your

self, and that, without **the body**, would your **egoic** self be lost. 3 This **belief that you are the body** is the secret vow that you have made with every brother who would walk apart. 4 This **belief that you are the body** is the secret oath you take again, whenever you perceive yourself attacked. 5 No one can suffer if he does not see himself attacked, and losing by attack. 6 Unstated and unheard in consciousness is every pledge to sickness. 7 Yet **the pledge to sickness** is a promise to another to be hurt by him, and to attack him in return.

Note # 57: The mind utilizes the body for the purpose of attack. Mind cannot attack. The belief that we are a body that can hurt and be hurt is needed in order for attack to be perceived as possible. In reality, our mind remains invulnerable and cannot be hurt. Yet, within our mind is the power of the decision-maker to choose to deny the truth about our spiritual nature. That secret vow that we take with our brother is the belief that we are the body and not unlimited mind or spirit. Sickness, pain and suffering are the false witnesses used to "prove" that we must be a limited body, which is separate and, therefore, special.

T-28.VI.5. Sickness is anger taken out upon the body, so that **the body** will suffer pain. 2 **Sickness** is the obvious effect of what was made in secret, in agreement with another's secret wish to be apart from you, as you would be apart from him. 3 Unless you both agree that **it** is your wish **to be separate**, **sickness** can have no effects. 4 Whoever says, "There is no gap between my mind and yours" has kept God's promise, not his tiny oath to be forever faithful unto death. 5 And by his healing is his brother healed.

Note # 58: The body is the symbol for our desire to be separate. It is the embodiment of our belief in separation. God's promise is that there is only the perfect Oneness that is the extension of the Mind of God. The Sonship must remain eternally perfect, whole and complete. Our Big "S" Self remains sinless and guiltless as God created His Son. The tiny egoic oath that the fragmented split-minded Sonship made is the joint belief that we are separate limited ego-bodies. As bodies, we can be sick, suffer and die. Sickness is our egoic attempt to prove that we have successfully usurped the Will of God.

T-28.VI.6. Let this be your agreement with each one; that you be one with your brother and not apart. 2 And your brother will keep the promise that you make with him of our joint oneness, because the promise of our oneness is the one promise that your brother has made to God, as God has made to your brother. 3 God keeps His promises of Oneness with the Sonship; His Son keeps his promise of Oneness with the Father. 4 In his creation did his Father say, "You are beloved of Me and I am beloved of you forever. 5 Be you, My Son perfect as Myself, for you can never be apart from Me, your Source." 6 His Son remembers not that he replied "I will," though in that promise God's Son was born. p603 7 Yet God reminds His Son of the joint promise of Oneness and love every time His Son does not share a promise to be sick with his brother, but lets his mind be healed and unified. 8 The split-minded Sonship's secret vows of separation are powerless before the Will of God, Whose promises of Oneness the Sonship shares with His Father. 9 And what secret vows of separation he substitutes is not his Big "S" Self's will, who has made promise of himself to God.

Note # 59: Our egoic wish that we separate from the One Self that is the Mind of God, cannot usurp God's Will. The Sonship is an Effect of the Mind of God. An effect cannot change its cause. When we were extended from the Mind of God, the Sonship agreed to be

God's Effect. By being the Effect of God, we complete God, for cause must have its effect or it is not a cause. Like begets like. Because we are like the Father, we have free will. We can deny the truth of what we are but we cannot change what we are. Free will does not allow us to change what we are but it does allow us to freely choose to imagine what it would be like to be something other than God, our One Self. This imagining of separation is played out within the dream of time and space. Ultimately, we must choose to be what we are, which is God's Effect. The Father is our etemal Cause and we, God's eternal Effect. There is but One Will. Our will and Our Cause's Will are the same. Separation can have no reality within the Oneness of Everything that is the Mind of God. The truth is all there is.

VII. The Ark of Safety

T-28.VII.1. God asks for nothing, and His Son, like **God**, need ask for nothing. 2 For there is no lack in him, **God's Son**. 3 An empty space, a little gap, would be a lack. 4 And it is only there **in a gap of lack** that he could want for something he has not. 5 A space where God is not, a gap between the Father and the Son is not the Will of Either **God or His Son**, Who have promised to be One. 6 God's promise is a promise to **God**, Himself, and there is no one who could be untrue to what **God** wills as part of what **God** is. 7 The promise that there is no gap between **God**, Himself, and what **God** is cannot be false. 8 What will can come between what must be One, and in Whose Wholeness there can be no gap?

Note # 60: There can be no gap between Father and Son for They are literally One. Extension is not creating something outside oneself. It is just a continuation of the Oneness of Everything. There is no point or gap where God stops and the Sonship begins for there is nothing outside the One Mind of God. This One Mind is shared completely. There is nothing else.

T-28.VII.2. The beautiful relationship you have with all your brothers is a part of you because **this beautiful relationship** is a part of God Himself. 2 Are you not sick, if you deny yourself your wholeness and your health, the Source of help, the Call to healing and the Call to heal? 3 Your savior, **your brother**, waits for healing, and the world waits with **your brother**. 4 Nor are you apart from **healing's beautiful relationship**. 5 For healing will be one or not at all. **Healing's relationship of** oneness **is** being where the healing is. 6 What could correct for separation but its opposite, **which is the Oneness of everything**? 7 There is no middle ground in any aspect of salvation. 8 You accept **salvation's oneness** wholly or accept it not. 9 What is unseparated must be joined. 10 And what is joined cannot be separate.

<u>Note # 61:</u> The Oneness is all there is. There are no gaps within the whole. To keep any brother outside the oneness is to deny the totality of the oneness. You cannot believe that both the Oneness of Everything and the separation co-exist. They are mutually exclusive.

T-28.VII.3. Either there is a gap between you and your brother, or you are as one. 2 There is no in between, no other choice, and no allegiance to be split between the two. 3 A split allegiance is but faithlessness to both **choices**, and merely sets you spinning round, to grasp uncertainly at any straw that seems to hold some promise of relief. 4 Yet who can

build his home upon a straw, and count on it as shelter from the wind? 5 The body can be made a home like this **built on straw**, because **the body** lacks foundation in the truth. 6 And yet, because **the body** does **lacks foundation based on truth, the body** can be seen as not your home, but merely as an aid to help you reach the home where God abides, **which is in truth**.

Note # 62: The body has only the purpose our mind gives it. The ego utilizes the body to be the witness that the separation is real. The Holy Spirit can use the body to communicate that we are not a separate body-form but rather that we are joined as one mind. The purpose we choose to give the body can either support the truth or deny the truth. It cannot do both.

T-28.VII.4. With <the use of the body as an aid to our return to our truth that we abide in the Oneness of God> as the body's purpose, is the body healed. 2 The body is not used to witness to the dream of separation and disease. p604 3 Nor is the body idly blamed for what the body did not do. 4 The body serves to help the healing of God's Son, and for this purpose the body cannot be sick. 5 The body will not join a purpose not your own, and you have chosen that the body not be sick. 6 All miracles are based upon this choice that the body cannot be sick, and the miracle is given you the instant the choice for Oneness is made. 7 No forms of sickness are immune, because the choice cannot be made in terms of form. 8 The choice of sickness seems to be of form, yet the choice of sickness is one choice, as is sickness' opposite choice, which is the wholeness of the One. 9 And you are sick or well, accordingly.

Note # 63: The body will serve the purpose we give it. Will we choose truth or illusion, the little "s" self or the Big "S" Self, separation or union? One choice brings sickness and the other choice brings the miracle for the reality of truth. Sickness is any belief that you are not joined with the One Self and, therefore, are not whole and complete. Note that this definition is relevant only at the level of mind. The illusionary appearance of the bodyform is of no consequence. Mind, not the body, is where healing takes place.

T-28.VII.5. But never **are** you **sick or well** alone. 2 This world is but the dream that you can be alone, and **that you can** think without affecting those apart from you. 3 To be alone must mean you are apart, and if you are **apart**, you cannot but be sick. 4 This seems to prove that you must be apart **since you are sick in this dream world**. 5 Yet all **that this sickness in your dream world** means is that you tried to keep a promise to be true to faithlessness. 6 Yet faithlessness is sickness. 7 **Both faithlessness and sickness** is like the house set upon straw. 8 **The house, the body**, seems to be quite solid and substantial in itself. 9 Yet **the house's** stability cannot be judged apart from **the house's** foundation. 10 If **the house** rests on straw, there is no need to bar the door and lock the windows and make fast the bolts. 11 The wind will topple **the house**, and rain will come and carry **the house** into oblivion.

Note # 64: A thought system based on illusion cannot stand against the truth. The light of truth will cause the illusion to disappear. We are not a body. We are the unlimited spirit of the Mind of God.

T-28.VII.6. What is the sense in seeking to be safe in **a body and its dream world that** was made for danger and for fear? 2 Why burden **the body** with further locks and chains

and heavy anchors, when **the body's** weakness lies, not in itself, but in the frailty of the little gap of **the illusion of** nothingness whereon **the body** stands? 3 What can be safe that rests upon a shadow? 4 Would you build your home upon what will collapse beneath a feather's weight?

Note # 65: Because the world of perception is based on the shifting sands of the illusions of sin, guilt and fear, the egoic thought system cannot withstand the light of truth. We need to stop following the egoic thought system of separation. The ego can never lead us to the happiness and peace that we seek. We can only be at peace when we accept the truth that we are One with Our Creator. By accepting the Atonement for ourselves, we break free from the dead-end thought system of the ego.

T-28.VII.7. Your home is built upon your brother's health, upon your brother's happiness, your brother's sinlessness, and everything his Father promised your brother. 2 No secret promise for sickness and separation that you have made instead has shaken the Foundation of your brother's home. 3 The winds will blow upon your brother's true home and the rain will beat against your brother's true home, but with no effect. 4 The world will wash away and yet this house will stand forever, for the strength of your brother's true home lies not within itself alone. 5 Your brother's true home is an ark of safety, resting on God's promise that His Son is safe forever in God, Himself. 6 What gap can interpose itself between the safety of this shelter and its Source, which is God? 7 From here the body can be seen as what the body is, which is a neutral communication device for learning. And from here the body can be seen as neither less nor more in worth than the extent to which the body can be used to liberate God's Son unto his home. 8 And with this holy purpose is the body made a home of holiness a little while, because the body shares your Father's Will with you. p605

Note # 66: The miracle transforms our special relationships into holy relationships. The body will serve the purpose our mind gives it. When we follow the Holy Spirit, the body is utilized to realign the mind's past misperception with the reality of truth. Salvation rests on God's promise that creation is extension and that the Sonship is the effect of God, perfect, whole and complete. It is the Sonship's and the Father's sacred vow to each other that protects the Oneness of the Mind of God. Our shared Will is where our safety lies. God is the Cause and we are the Effect and together is the Oneness complete. In eternity, cause and effect are indivisible and are one.